

**Truth Be Told**

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| **Episode 13 Confessionals** | | |
| **Castaway** | **Old Count** | **New Count** |
| Ethan | 9 | 10 (+1) |
| Kim J. | 5 | 6 (+1) |
| Lex | 16 | - |
| Tom | 5 | 4 (-1) |
| Teresa | 8 | 9 (+1) |

Day 34

1. **Ethan (1/10):** We have five people left here in Africa, in Kenya, in Moto Maji camp. Five people, that's it. Started with sixteen. Now we're down to five, amazing.
2. **Kim J. (1/6):** Every little thing we do now is a huge effort. We're beginning to-to talk more in terms now of when we're going home, we are counting the days. I think it's starting to take a toll on our bodies.
3. **Lex (1/16):** I never thought it was going to be this hard, physically, mentally, psychologically, emotionally. And now that we're so close to the end, I'm exhausted. But up until just the last few days, um, I've really tried hard not to think about my kids and my wife. But I can't allow myself to give into any of that until I'm finished. You can't afford, out here, to be a sissy. It has been pretty funny that we take our drinking water, basically out of an elephant's toilet.
4. **Kim J. (2/6):** I find in the water hole relaxation. We love this spot, we come here all the time. And today, we were visited by someone just prior to our getting here that left us a big giant gift. It's very fresh, very smelly, very large, and we're getting used to it.
5. **Lex (2/16):** You gotta drink and you gotta pull your water and you got-- you gotta wash, but God, holy mackerel, that-that elephant, he couldn't have picked a better spot to, uh, to relieve himself in. It looked like he hadn't done his business in a couple of weeks.
6. **Tom (1/4):** I want to be in harmony with all the animals and all the people, but it's hard to do, especially here down at the end. Kim Johnson washes in elephant *(expletive censor)* every day. And I've told her, I said, *“Kim, down there at the bottom of that creek,”* I said, *“you are washing where the elephants has pooped in the water. You're washing in that-- washing your clothes, washing your face, washing your hind end.”* She has yet to understand that, and I've quit telling her. And I let her wash in it every day. I keep thinking, I try to smell it, see if she smells like an elephant, but really she don't. But, she's washed in it every day. And I... I quit telling her.
7. **Lex (3/16):** This stage of the game, boredom is something that has definitely become a reality. Plus, I mean, frankly, we've been out here 35 days. We're running out of things to talk about and things to do. I've probably gotten to know the four other people that are left here better than some people that I've known for five, ten years.
8. **Ethan (2/10):** Tom's feet stink, perhaps, the worst I've ever smelled of anyone's feet, on the planet Earth. And... they smell so bad. It's-- he's got some funk down there that I've never smelled before.
9. **Tom (2/4):** Everybody complains. Uh, Ethan is terrible, he hates 'em. He raises hell, he wants me to move my foot-- my shoes. He told me, throw my shoes away.
10. **Ethan (3/10):** They're bad, he's got a problem. I think he's got a problem. *(chuckles)*
11. **Ethan (4/10):** Yeah, we're sitting there, enjoying our popcorn, and Tom is like...
12. **Tom (3/4):** A lot of people saw a chicken out. I saw my dinner out, walking around, and it might get out of that bunker. (07:33 → 07:42 = 9s) They were panicking a little bit, wanting to run the chicken. Worst thing you could do is run that chicken. So I just laid there and didn't want to panic that chicken.
13. **Ethan (5/10):** That chicken kind of walked by Tom. He's laying down, half asleep, just... *(makes grabbing motion)* Got both legs, the chicken, he's like, *“Got it.”* It was pretty, pretty impressive. (08:07 → 08:16 = 9s) We just pretended to wrestle it and have a little fun, a little excitement in the day. Get to, you know, maybe we'll let it out some more and try to catch it. Let's have some fun.
14. **Lex (4/16):** We went to Tree Mail, expecting that it was going to be challenge time. This was a-a completely different kind of Tree Mail, because we opened up the mailbox and it was-- it was an instant reward.
15. **Lex (5/16):** I had letters from my wife, from my two sons, from my mother, my father. It doesn't get any better than that. It gave me what I need to get through the next few days. It fed my body and my soul.
16. **Teresa (1/9):** It seems like the first one I probably grabbed was from my dad, because his health is not very good. Before I left, I remember telling him, *“You better be here when I get back.”* So I think his letter probably touched me the most because I worry the most about him.
17. **Ethan (6/10):** It's really good to hear from them, 'cause they put their ink on this paper. You know, they touched this paper, and, you know, we can touch them. So it's... it's really nice.
18. **Kim J. (3/6):** It was just the best. Just to hear from home was unbelievable. It was great. My husband wrote me a poem, and he's not a poem writer. Kippy's my nickname. And actually, even before I came on this, he's always called me “Survivor Kippy.”
19. **Teresa (2/9):** This experience would be nothing if I didn't have somebody to go back and share it with. It definitely brought a calm and-and a reality to me that, you know, the game's almost over, and that's where I'm going back to.

Day 35

1. **Ethan (7/10):** When I walked around that bush and saw that big blue *Chevy* truck and knew it wasn't mine, I was... so, like, jealous. So I was annoyed and a little pissed off. And trying to be happy for Lex, but deep down inside, I wasn't that happy for him. It's tough, it's annoying. You know, I just-- I just don't want him to win anymore.
2. **Teresa (3/9):** When they opened up the back of the truck, I saw “H.I.V.” It was, uh, very emotional for me because my brother passed away of AIDS, so right away when I saw that it just brought back all the emotions of everything. Unfortunately, 11 years ago, there was so little known about AIDS. It made me very happy.
3. **Lex (6/16):** When I won the truck, Jeff explained to me, kind of, what the visit part of the reward was, and it was actually visiting a hospital in-- in a-- in a village here in Kenya, uh, called Wamba. And our visit was going to be to deliver a-a year's worth of supplies, especially for all of their AIDS testing.
4. **Lex (7/16):** It's a little hospital, in this little village, in the middle of Kenya. People come from all over.
5. **Lex (8/16):** This old Italian gentleman, this doctor, has dedicated his entire lifetime to helping people here in Africa. This guy does it simply out of the goodness of his own heart and has single-handedly mobilized and inspired enough people to create a-a completely self-sufficient hospital in the middle of nowhere.
6. **Lex (9/16):** We are delivering all these medical supplies that they're in desperate need of. I mean, they're-they're running on fumes at that hospital as it is, and we are also going to provide them with a new drug that allows pregnant women who have H.I.V. to have children, and the children have a better than 50% chance of being born without H.I.V. Whereas, if they didn't get this medication, they would probably be born H.I.V. positive. We got a tour of the pediatric ward, which was both heart-breaking and just inspirational. You've got these-these little kids, almost all of them orphans. I got to actually pass out toys, which, you know, is always a good time. I got to play with these kids. Uh, they made me miss the hell out of my kids. We walk out of there, after spending a day checking out the hospital, talking to the doctors, seeing all of this stuff face-to-face, I walked away a changed person. (21:07 → 21:17 = 10s)
7. **Lex (10/16):** The gift I take away from here is he's planted a small seed in me and I'm-I'm gonna take that home with me.
8. **Tom (4/4):** Today there's a little bit of animosity towards Lex on winning that truck. I had, uh, a lot of people asking me about my alliance and trying to change things.
9. **Kim J. (4/6):** I'm absolutely trying to work a deal. With that in mind, I know all these guys don't really want to come down to the threesome. They're all skeptical of each other. My dilemma then, at this point, with my immunity at stake, is to figure out which of the guys is feeling the most vulnerable. Which one is the best one to try to approach with-with some type of scenario.
10. **Ethan (8/10):** Today, Kim approached me and she's like, *“You got to get Lex off.”* She's like, *“If you don't get Lex off, you're shooting yourself in the foot.”*
11. **Lex (11/16):** I was gone most of the day. When I got back, the vibe was thick at camp. (23:05 → 23:14 = 9s) Everyone else in the tribe was bummed about the fact that they lost and didn't win. Everyone was nervous, and no one really wanted to talk about anything. There was some strange stuff going down. The mojo was just funky.

Day 36

1. **Ethan (9/10):** He's healthy, he's been eating normally. He's been out of the camp like five more days than I have. You know, he's riding on confidence. It's tough to be at the top of your game when someone else has all that-- all those added ingredients.
2. **Kim J. (5/6):** Tommy on several occasions has tried to get Lex voted off. He actually told Teresa that Lex should be the next one to go, unbeknownst to Lex or Ethan. And he came to me and said that, uh, if I have an opportunity, it would be a good thing to vote of Lex, but he didn't want to know anything about it.
3. **Ethan (10/10):** I came into this game with the attitude of winning the whole thing, and to do it in a fair way and to do it beating the best people and going against the best head-to-head.
4. **Teresa (4/9):** Kim said today that she knows that, you know, the guys are-are-- have got such a strong alliance, that she is the next to go. And I'm thinking to myself, *“Good for you. Good for you, you're finally thinking.”* And I said, *“What-what if Lex doesn't get immunity and I can get Tom to vote Lex off?”* And she said then she'd do that. She said it's not too early now to do that. And I'm thinking, *“Well, hey, she's waking up a little bit.”*
5. **Teresa (5/9):** This Immunity Challenge coming up is certainly going to be the most important for me. I'm the last Samburu left, so it would be easy for them right now just to go ahead and move me out. Whatever it is, I gotta give it all I've got.
6. **Lex (12/16):** T-Bird approached me before Tribal Council and obviously needed to have a heart-to-heart. She is the odd person out at this point. She's the only person that's left that's from the original Samburu. Um, she's in a mess of hurt.
7. **Teresa (6/9):** For me, it's, um, I guess kind of bittersweet. I know that I'm going to be the next one to go unless I can think of something real quick. (32:23 → 32:33 = 10s)
8. **Teresa (7/9):** I had thought of every different way I could play it. And unfortunately, with Lex getting immunity, that cut down a lot of my options, and I really only had one option to go, and that was with trying to get Lex and Kim Johnson to vote off Tom.
9. **Lex (13/16):** T-Bird is obviously struggling with-with something, and-and so she said, you know, *“I need you to sit down and I have something I need to confess to you. I have something before we go to Tribal Council I need to tell you.”*
10. **Teresa (8/9):** Knowing I'm pretty sure I was gone, I thought I don't have anything to lose, anyway, I'll go ahead and-and let him know that I was the one that put the vote against Lex.
11. **Lex (14/16):** And she said, you know, *“When you got that one mystery vote,”* who at the time I thought might be Kelly, *“I was the one that cast that vote for you.”*
12. **Lex (15/16):** I said, *“Well, there's not more than a couple people that it could be because you're telling me to watch my back.”* (33:39 → 33:48 = 9s) And she just looked at me and, you know, went like this... *(nods)* In telling her that, Tom is basically giving her a green light that I was the right person to vote for. And I also found out, you know, at that point, Mama Cat told me that she had also been approached by Tom on more than one occasion.
13. **Teresa (9/9):** Tom wants Lex off, but he says, *“I can't vote him,”* so he wants everybody else to do the dirty work for him, so he still looks like the good guy.
14. **Kim J. (6/6):** Tommy's sort of insular in his thinking. Tommy's looking out for Tommy most of the time. Whatever Tommy wants to do, Tommy does, regardless of its effect on other people.
15. **Lex (16/16):** Ultimately, I'm responsible for myself and nobody else. It's completely gone to cutthroat mode. And if I think that Tom, if I think that he's in a situation where he is about to screw me over and stab me in the back, I'll cut his throat.